

Eat Right School is a nation-wide programme to inculcate right eating habits in school children through curricular and extra-curricular activities and creating Health and Wellness Teams to deliver and reinforce messages on safe, healthy and environmentally sustainable food. This programme also provides a legislative and regulatory framework to support schools in promoting safe and wholesome food. The Eat Right School certificate is awarded to schools who follow recommended practices based on a pre-defined Eat Right Matrix.

Features

- Eat Right Matrix and Certification
- Activities and Resources
- Capacity building of Health and Wellness Teams
- Regulations on Safe Food and Healthy Diets for school children
- SNF Fellowship for college students to enrol and support schools

Certification Process

- 01 Online Registration on Eat Right School Portal: fssai.gov.in/eatrightschool
- 02 Online Certification & Creation of Health & Wellness Ambassadors/Teams
- 03 Implementation of Eat Right Activities and Updation on Portal
- 04 Monitoring and Evaluation based on Eat Right Matrix
- 05 Eat Right School Certification based on self-compliance

Resources



The Yellow Books- I & II for schools



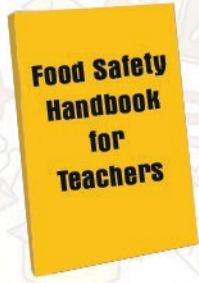
The Pink Book for homes



Activity Book for school children



The DART book to test food adulterants



Food Safety Handbook for Teachers



The Food Safety Magic Box to test adulterants

Stakeholders

Schools and school aggregators	Ministry of Human Resource Development DIKSHA Platform	School Health Programmes	National Institute of Open Schooling
Government programmes- Anemia Mukh Bharat	Industry Associations & Corporates under CSR	Development Agencies, NGOs & Implementation Partners	